

The British Open Masters Squash Championship

Hosted by Colets Health and Fitness:

Tournament Information Sheet



Welcome to Colets Health and Fitness for this year's British Open Masters Squash Championship. This tournament information sheet serves to provide you with a comprehensive guide to the tournament and the range of facilities and services on offer for players at Colets throughout the tournament. On arrival at the main front reception, please go to the tournament office and follow the process outlined in 'Registration & Bag Drop', in the box just below.

Registration & Bag Drop

Players are to register each day at the official England Squash tournament office (**located in the Boardroom in the Club Bar area**). All players are to also kindly please store bags in the Boardroom bag area each day.



Car Parking



Colets has extensive car parking capacity. To access the car park, when approaching the Club by car up St. Nicholas Road, keep driving straight past the front reception with large doors and carry on until the road makes a sharp right which leads onto the car park. You can access Colets by walking back on the path towards the Club (the way you came by car), carrying on past the Nursery Reception Entrance, which will take you to the Club's main entrance, where the main reception is. There is overflow parking space available on the far rugby pitch by the regular car park.



Health & Safety & Fire Procedures for Players

Fire: On hearing the alarm, go back to the main reception area IF IT IS SAFE TO DO SO and await further instructions. If it is not, leave the building by the nearest available Fire Exit and report to the Fire Assembly Point (signposted) in the FRONT car park. **Health and Safety / Accidents / First Aid Incidents:** It is essential for ALL first aid / health and safety incidents and accidents to be referred and reported IMMEDIATELY to the Duty Manager at the Club reception (the Club's main first aid point) who will deal with the situation immediately.

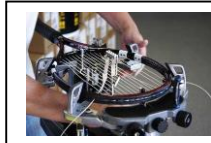


Changing Rooms

Women: Access the corridor just after the main reception; the entrance to the changing rooms is immediately to the left. ***Changing room lockers cannot be issued to female players during the tournament.***

Men: Access the main corridor just after the main reception and follow the corridor past the gym and regular male changing rooms to the end where the the hair and beauty area is located. Then go through the small corridor going off to the left of the main stairs and right at the end of that corridor, where the male tournament changing rooms are located (locker keys will be readily available for use in the locker doors). All areas will be signposted. ***Male players are not to use the regular male changing rooms located in the corridor just after the gym.***

Services & Products Available



- 1. Racket re-stringing:** Does your racket need re-stringing? If so, Colets can provide a re-stringing service for you; please call the Colets Squash Director, Dave Peck, on 07738956083 who will be on hand throughout the tournament to provide this service.
- 2. Racket grips and other sportswear / accessories:** The Colets Sports Shop (located at the Club's front reception) stocks a range of items for your sporting needs including racket grips, squash shoes, socks, sweat towels, water bottles and other sports items. Please speak with a member of the reception team for more information.
- 3. Sports Massage:** In need of a performance enhancing, injury preventing, recovery inducing bit of TLC? If so, then we can't wait to get our hands on you! Sports massage therapists will be on hand on Thursday 2nd and Friday 3rd June. The cost is £10 for a 20 minute massage; bookings to be taken in the tournament office.

Live streaming of Court 1 will be available on the TV in the Café Bar and on the TV in the Club Bar as well as on the following online link: <https://www.twitch.tv/coletshealthclub>

Food and Beverage Services Provided

Colets has 3 food and beverage outlets offering a range of meals and refreshments: the Club Bar, Café Bar and Servery. Free Wi-Fi (maximum capacity of 200 users at any one time) is available throughout the Club (the password is 'chocolates').

1. The Club Bar: Boasting superb views over the playing fields, the Club Bar offers a good wine list, with spirits and beers (draught and bottled) also available at "Club" prices, and we regularly have guest real ales on offer. For the more temperate amongst you there is a wide range of soft drinks, good coffees and light bar snacks available. The Bar is located at the back of the Club on the 1st floor, beside the tournament office and squash court gallery. Opening times for the tournament are as follows:

- **Wednesday 1st June** - 9am-11pm.
- **Thursday 2nd June** - 9am-11pm (alcohol served from 10am).
- **Friday 3rd June** - 9am-1am (Saturday morning) (alcohol served from 10am Friday morning).
- **Saturday 4th June** - 9am-midnight (alcohol served from 10am).
- **Sunday 5th June** - 10am-9pm (alcohol served from 12pm).

2. Café Bar: Our Café Bar area is the perfect place to enjoy a drink or small bite to eat, situated just above the spacious main front reception area. Sandwiches, baguettes and paninis, made freshly in our kitchen every day are available as well as soft and hot beverages. Opening times for the tournament are as follows:

- **Wednesday 1st June** - 9am-6pm.
- **Thursday 2nd June** - 9am-6pm.
- **Friday 3rd June** - 9am-6pm.
- **Saturday 4th June** - 9am-5pm.
- **Sunday 5th June** - 10am-2pm.

3. Servery: A variety of hot foods are served throughout the day during the tournament to cater to diverse needs and tastes (see full menu to the right). The Servery is located just beside the Club Bar, opposite the tournament office. To order, go to the Servery and pay for your food there; your food will be served to you directly there and then. Opening times for the tournament are as follows:

- **Wednesday 1st June** - 10am-10pm.
- **Thursday 2nd June** - 10am-10pm.
- **Friday 3rd June** - 10am-6.30pm (**Free buffet:** 7pm-9pm).
- **Saturday 4th June** - 12pm-7pm (**BBQ:** 12pm-7pm).
- **Sunday 5th June** - 12pm-4pm.

The British Open Masters Squash Championship - Daily Servery Menu



Wednesday 1st June

- Beef chilli or veggie chilli with rice, salad and crusty bread. £5.95
- Jacket potato (plain, cheese, tuna, baked beans) with salad. £5.00 (with 2 fillings)

Thursday 2nd June

- Lasagne with garlic bread and salad. £5.95
- Beef or veggie chilli with rice, salad and crusty bread. £5.95
- Jacket potato (plain, cheese, tuna, baked beans) with salad. £5.00 (with 2 fillings)

Friday 3rd June

- Chicken and broccoli pasta bake with crusty bread and salad. £5.95
- Vegetable tikka masala with rice and naan. £5.95
- Jacket potato (plain, cheese, tuna, baked beans) with salad. £5.00 (with 2 fillings)
- Buffet in the evening (free of charge!).

Saturday 4th June

- Vegetable lasagne with garlic bread and salad. £5.95
- Jacket potato (plain, cheese, tuna, baked beans) with salad. £5.00 (with 2 fillings)
- **Saturday BBQ (12pm-7pm):**
- Egg bap (2 eggs). £2.50
- 4oz beef burger. £3.50
- Bacon bap. £3.50
- Bacon and egg bap. £3.50
- Hot dog. £3.50

All BBQ items are served with a small mixed side salad. Please order and pay for BBQ items at the servery till; a ticket will be issued and you can then present your ticket to and collect your food from the BBQ chef on the outside balcony.

Free Tournament Events & Entertainment



Go on, get involved!

1. Live Entertainment, Thu 2nd June: Singer Kevin Clay will be performing in the Club Bar from 7pm-11pm.

2. Free All You Can Eat Buffet, Fri 3rd June: In the Club Bar / Servery area from 7pm-9pm.



All at Colets wish players and visitors a safe and enjoyable tournament. If you have any queries, please either see the Club's Squash Director, Dave Peck, one of the Duty Managers (available at the Club reception) or one of the Club's Representatives who will be floating the Club throughout each day (identifiable by their distinctive yellow / green t-shirts). Enjoy! 😊

