

The British Open Masters Squash Championship

Hosted by Colets Health and Fitness:

Tournament Information Sheet



Welcome to Colets Health and Fitness for this year's British Open Masters Squash Championship. This tournament information sheet serves to provide you with a comprehensive guide to the tournament and the range of facilities and services on offer for players at Colets throughout the tournament. On arrival at the main front reception, please go to the tournament office and follow the process outlined in 'Registration & Bag Drop', in the box just below.

Registration & Bag Drop

Players to register each day at the official England Squash tournament office (**located in the Boardroom in the Club Bar area**). All players are to also kindly please store bags in the designated Club Bar bag drop area.



Car Parking



Colets has extensive car parking capacity. To access the car park, when approaching the Club by car up St. Nicholas Road, keep driving straight past the front reception with large doors and carry on until the road makes a sharp right which leads onto the car park. Overflow parking space is also available.



Health & Safety & Fire Procedures for Players

Fire: On hearing the alarm, go back to the main reception area IF IT IS SAFE TO DO SO and await further instructions. If it is not, leave the building by the nearest available Fire Exit and report to the Fire Assembly Point (signposted) in the FRONT car park. **Health and Safety / Accidents / First Aid Incidents:** It is essential for ALL first aid / health and safety incidents and accidents to be referred and reported IMMEDIATELY to the Duty Manager at the Club reception (the Club's main first aid point) who will deal with the situation immediately.

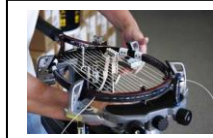
Annual Players' meeting of England Squash Masters to take place on **Friday 9th June from 6pm**. This will include a Q & A session with a committee panel where England Squash CEO Kier Worth may be present to discuss any issues or suggestions followed by the players' complimentary hot buffet from 7.30pm.



Changing Rooms

Women: Access the corridor just after the main reception; the entrance to the changing rooms is immediately to the left. **Men:** Access the main corridor just after the main reception and follow the corridor past the gym; the entrance to the changing rooms is to the right just after the vending machine. **Changing room lockers cannot be issued to players during the tournament; kindly please store bags in the designated bag drop area on the main Club Bar plinth - all areas will be clearly signposted.**

Services & Products Available



- Racket re-stringing:** Does your racket need re-stringing? If so, Colets can provide a re-stringing service for you; please call the Colets Squash Director, Dave Peck, on 07738956083 who will be on hand throughout the tournament to provide this service.
- Racket grips and other sportswear / accessories:** The Colets' Sports Shop (located at the Club's front reception) stocks a range of items for your sporting needs including racket grips, squash shoes, socks, sweat towels, water bottles and other sports items.
- Sports Massage:** Sports massage therapists will be on hand on Thursday 8th June and Friday 9th June between 11am-2pm and 4pm-7pm and Saturday 10th June between 12pm-4pm to offer 20 minute massages. 20 minute slot bookings to be taken in the tournament office and are free of charge to participants.

Why not watch some of the action LIVE using our **live streaming**? Court 1 matches will be available on the TV in the Café Bar and on the TV in the Club Bar. Alternatively, watch online via our Twitter and Facebook account; we are '@ColetsHealth'. A great way to watch some world-class international masters squash!

Food & Beverage Services Provided

Colets has 3 Food and Beverage outlets offering a range of meals and refreshments: the Club Bar, Café Bar and Servery. Free Wi-Fi (maximum capacity of 200 users at any one time) is available throughout the Club (the password is 'chocolates').

1. The Club Bar: Boasting superb views over the playing fields, the Club Bar offers a good wine list, with spirits and beers (draught and bottled) also available at "Club" prices, and we regularly have guest real ales on offer. For the more temperate amongst you there is a wide range of soft drinks, good coffees and light bar snacks available. The Bar is located at the back of the Club on the 1st floor, beside the tournament office and squash court gallery. Club Bar opening times for the tournament are as follows:

- **Tuesday 6th June** - 3pm-11pm (alcohol served from 3pm).
- **Wednesday 7th June** - 9am-11pm (alcohol served from 10am).
- **Thursday 8th June** - 9am-11pm (alcohol served from 10am).
- **Friday 9th June** - 9am-1am (Saturday morning) (alcohol served from 10am Friday morning).
- **Saturday 10th June** - 10am-9pm (alcohol served from 10am).
- **Sunday 11th June** - 10am-9pm (alcohol served from 12pm).

2. Café Bar: Our Café Bar area is the perfect place to enjoy a drink or small bite to eat, situated just above the spacious main front reception area. Sandwiches, baguettes and paninis, made freshly in our kitchen every day are available as well as soft and hot beverages. Café Bar opening times for the tournament are as follows:

- **Tuesday 6th June** - 9am-5.30pm.
- **Wednesday 7th June** - 9am-5.30pm.
- **Thursday 8th June** - 9am-5.30pm.
- **Friday 9th June** - 9am-5.30pm.
- **Saturday 10th June** - 9am-2pm.
- **Sunday 11th June** - 8.30am-2pm.

3. Servery: A variety of hot foods are served throughout the day during the tournament (see full menu to the right). The Servery is located just beside the Club Bar. To order, go to the Servery and pay for your food there; your food will be served to you directly there and then. Servery opening times for hot food during the tournament are as follows (Servery snacks are also available outside those times):

- **Tuesday 6th June** - closed.
- **Wednesday 7th June** - 12pm-8pm.
- **Thursday 8th June** - 12pm-8pm.
- **Friday 9th June** - 12pm-5pm (complimentary buffet from 7.30pm onwards).
- **Saturday 10th June** - Saturday BBQ on the Balcony (12pm-5pm) (Servery open for Servery snacks from 12pm-3pm).
- **Sunday 11th June** - closed.

The British Open Masters Squash Championship - Daily Servery Menu



Wednesday 7th June

- Beef chilli or veggie chilli with rice, salad and crusty bread. £6.00
- Jacket potato (plain, cheese, chilli, tuna, baked beans) with salad. £6.00 (with 2 fillings)
- Colets' Club Burger (chicken breast, bacon, lettuce, tomato and cheese) with potato wedges and salad. £6.00
- Ploughman's Platter (homemade beef or vegetable pastie, cheddar, salad, apple, onions and pickle). £6.00

Thursday 8th June

- Beef or veggie lasagne with garlic or crusty bread and salad. £6.00
- Jacket potato (plain, cheese, chilli, tuna, baked beans) with salad. £6.00 (with 2 fillings)
- Colets' Club Burger (chicken breast, bacon, lettuce, tomato and cheese) with potato wedges and salad. £6.00
- Ploughman's Platter (homemade beef or vegetable pastie, cheddar, salad, apple, onions and pickle). £6.00

Friday 9th June

- Sweet potato and leek bake with seasonal fresh vegetables. £6.00
- Jacket potato (plain, cheese, chilli, tuna, baked beans) with salad. £6.00 (with 2 fillings)
- Colets' Club Burger (chicken breast, bacon, lettuce, tomato and cheese) with potato wedges and salad. £6.00
- Ploughman's Platter (homemade beef or vegetable pastie, cheddar, salad, apple, onions and pickle). £6.00
- Buffet in the evening (free of charge!).

Saturday 10th June

- **Saturday BBQ on the Balcony (12pm-5pm);** see menu on the day for choices. £4.50
All BBQ items are served with a small mixed side salad. Please order and pay for BBQ items at the servery till; a ticket will be issued to you and you can then present your ticket to and collect your food from the BBQ chef on the outside balcony.
- Limited Servery snacks will also be available from the Servery between 12pm-3pm.



**Players' Buffet,
Friday 9th June:** In
the Club Bar /
Servery area from
7.30pm.

All at Colets wish players and visitors a safe and enjoyable tournament. If you have any queries, please either see the Club's Squash Director, Dave Peck, or one of the Club Duty Managers (available at the Club reception). Please feel free to complete a Comments Form which will be available in the tournament office. Have a great tournament and enjoy! 😊